

# HEALTH AND HYGIENE POLICY

The Management Committee of Calthwaite Nursery publishes the following Health and Hygiene Policy.

## AIMS

1. to encourage a healthy lifestyle
2. to encourage a high standard of hygiene and cleanliness
3. to prevent the spread of all infections

## HEALTH AND ILLNESS

A medical Consent Form will be completed when a child registers with Calthwaite Nursery.

Parents are asked to keep their children at home if they have any infections and to inform us as to the nature of the infection so that we can alert other parents and make careful observations of any child who seems unwell.

Parents are asked not to bring any child who has been vomiting or had diarrhoea until at least 24 hours has elapsed since the attack.

If the children of Calthwaite Nursery staff are unwell the children will not accompany their parents/carer to work.

When necessary, First Aid will be given to children by staff who have a current First Aid Certificate

## FOOD

All snacks will be nutritious and due attention paid to children's particular dietary requirements.

## OUTDOOR PLAY

Children will have the opportunity to play in the fresh air throughout the year.

Environmental Health Regulations must be met.

## HYGIENE

Staff members will ensure that the following good practices are observed.

- Large box of tissues available and children encouraged to blow and wipe their noses when necessary.
- Soiled tissues disposed of hygienically.

- Children encouraged to shield their mouths when coughing.
- Children are asked to bring a change of clothing to each session.
- Paper Towels are available.

## FOOD HYGIENE

Calthwaite Nursery will observe current legislation regarding food hygiene, In particular each adult will:

- Always wash hands before handling food and after using the toilet
- Not be involved with the preparation of food when suffering any infectious illness or skin trouble.
- Never cough or sneeze near food.
- Tea towels will be left scrupulously clean and washed between each session.
- Cracked and chipped cups will not be used.

## CLEANING

Any spills of blood, vomit or excrement wiped up and flushed away down the toilet  
Rubber gloves always used when cleaning up spills of body fluids.

Floors and other affected surfaces disinfected using chlorine or iodine bleach diluted according to the manufacture instructions.

Fabrics contaminated in body fluids thoroughly washed in hot water.  
Spare laundered pants and other clothing available and polythene bags available in which to wrap soiled garments.

All surfaces cleaned frequently during sessions.

## SICK CHILDREN

Children who present themselves at the Nursery/Breakfast/After School Club who are unwell or infectious will not be allowed to stay.

Children will be isolated from the other children, whilst the staff make contact with parents/carers or emergency contacts using the information on the registration form.

Parents/carers will be expected to collect their sick children immediately.

Parents/carers are requested to notify the staff if their children have any communicable disease to enable them to notify other parents/carers